

Recreation Schedule 2021/2022

50 minute classes = \$182 + GST & SF/Session
80 minute classes = \$246 + GST & SF/Session

***Schedule is subject to change. Please refer to the online registration system for most up-to-date availability!**

	Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Session 1 (Sept/Oct)	Sept 13 - Oct 25	Sept 7 - Oct 26	Sept 8 - Oct 27	Sept 9 - Oct 28	Sept 10 - Oct 29	Sept 11 - Oct 30
	Session 2 (Nov/Dec)	Nov 1 - Dec 20	Nov 2 - Dec 21	Nov 3 - Dec 22	Nov 4 - Dec 23	Nov 5 - Dec 17	Nov 6 - Dec 18
	Session 3 (Jan/Feb)	Jan 3 - Feb 28	Jan 4 - Feb 22	Jan 5 - Feb 23	Jan 6 - Feb 24	Jan 7 - Feb 25	Jan 8 - Feb 26
	Session 4 (Mar/Apr)	Mar 7 - Apr 25	Mar 1 - Apr 26	Mar 2 - Apr 27	Mar 3 - Apr 28	Mar 4 - Apr 29	Mar 5 - Apr 30
	Session 5 (May/June)	May 2 - June 27	May 3 - June 21	May 4 - June 22	May 5 - June 23	May 6 - June 24	May 7 - June 25
Supers Programs (2-5 years)	Supers & Sidekicks	10:00 - 10:50		10:00 - 10:50	10:00 - 10:50		9:30 - 10:20
	PARENTED						10:30 - 11:20
	2-3yrs						
	SuperTOTS		10:00 - 10:50	10:00 - 10:50	1:00 - 1:50	10:00 - 10:50	9:15 - 10:05
	SEMI-PARENTED	11:00 - 11:50	11:00 - 11:50	11:00 - 11:50	2:00 - 2:50	11:00 - 11:50	10:15 - 11:05
	3-4yrs		2:45 - 3:35	1:00 - 1:50		2:30 - 3:20	11:15 - 12:05
				2:00 - 2:50		6:15 - 7:05	
	SuperKIDS	10:00 - 10:50	10:00 - 10:50	11:00 - 11:50	11:00 - 11:50	10:00 - 10:50	8:30 - 9:20
	UNPARENTED	11:00 - 11:50	11:00 - 11:50	1:00 - 1:50	1:00 - 1:50	11:00 - 11:50	9:15 - 10:05
	4-5yrs	1:30 - 2:20	5:15 - 6:05	2:00 - 2:50	2:00 - 2:50	1:30 - 2:20	10:15 - 11:05
no experience required	2:30 - 3:20		6:00 - 6:50	4:30 - 5:20	7:15 - 8:05	11:15 - 12:05	
				6:30 - 7:20		12:45 - 1:35	
						1:45 - 2:35	
SuperHEROES		1:00 - 2:20		9:30 - 10:50	1:00 - 2:20	12:00 - 1:20	
5-7yrs				5:30 - 6:50			
Advanced							
Gymnastics Beginner-Advanced Programs	Gymnastics Badges 1 & 2	5:15 - 6:05	4:15 - 5:05	4:00 - 4:50	3:00 - 3:50		8:30 - 9:20
	6yrs+	6:15 - 7:05		6:00 - 6:50	4:30 - 5:20	5:15 - 6:05	9:00 - 9:50
				6:30 - 7:20	6:00 - 6:50	6:15 - 7:05	10:00 - 10:50
	no experience required					7:15 - 8:05	11:00 - 11:50
							12:45 - 1:35
							1:45 - 2:35
							2:45 - 3:35
	Gymnastics Badges 3 & 4	4:15 - 5:05	4:15 - 5:05	4:00 - 4:50	3:00 - 3:50	4:15 - 5:05	9:00 - 10:00
	6yrs+	6:00 - 6:50	6:15 - 7:05	5:00 - 5:50	5:30 - 6:20	7:15 - 8:05	10:00 - 11:00
	MUST have Badge 2			7:30 - 8:20			12:45 - 1:35
							1:45 - 2:35
	Boys ONLY (Badges 1-4)			5:00 - 5:50			
	6yrs+						
	no experience required						
	Gymnastics (Badges 1-4)	7:15 - 8:05	7:15 - 8:05		7:30 - 8:20		2:45 - 3:35
9yrs+							
no experience required							
HomeSchool Classes		11:00 - 12:20		11:00 - 12:20			
6yrs+				1:00 - 1:50			
no experience required				2:00 - 2:50			
CanGYM (Badges 5+)	5:30 - 6:50	5:15 - 6:35	4:30 - 5:50	3:00 - 4:20		11:00 - 12:20	
All Apparatus				7:00 - 8:20			
7yrs+, 1.5hr							
MUST have Badge 4							
CanGYM Adv (Badges 7+)	7:00 - 8:20		7:00 - 8:20				
8yrs+							
MUST have Badge 6							
CanJUMP	7:00 - 8:20	6:45 - 8:05		7:00 - 8:20	4:30 - 5:50	9:30 - 10:50	
Trampoline & Tumbling						11:00 - 12:20	
8yrs+							
MUST have Badge 4							
CanJUMP Adv.			7:00 - 8:20				
8yrs+							
MUST have Level 555							
GymFIT Programs	Teen GymFIT		7:30 - 8:50				
	12yrs+						
	no experience required						
Adult GymFIT		7:30 - 8:50			7:15 - 8:05		
All Apparatus							
18yrs+							
no experience required							

*Phoenix Gymnastics reserves the right to combine and cancel classes as necessary.

Alberta Gymnastics Federation (AGF) \$57 Participant Membership fee is valid July 1, 2021- June 30, 2022

FOR MORE INFORMATION OR TO REGISTER ONLINE VISIT www.phoenixgym.ca OR CONTACT US AT (780) 438-0586.