

HAPPY BIRTHDAY

YOU ARE INVITED!

BIRTHDAY FOR:

DATE:

TIME:

RSVP:



  
**phoenix**  
GYMNASTICS CENTRE  
9704 12AVE SW  
EDMONTON



[www.phoenixgym.ca](http://www.phoenixgym.ca)

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## WHAT TO EXPECT:

**GYMNASTICS GAMES, CIRCUITS, OBSTACLE COURSES & MORE!! BE PREPARED TO RUN, JUMP, ROLL & CLIMB - OUR INSTRUCTORS WILL SHOW YOU A REAL GOOD TIME!**

- **ARRIVE 5 MINUTES BEFORE THE PARTY START TIME**
- **WEAR ATHLETIC CLOTHING FREE FROM BUCKLES, ZIPPERS, ETC.**
- **NO JEWELRY, WATCHES OR GUM CHEWING**
- **LONG HAIR TIE BACK AWAY FROM THE FACE**
- **BARE FEET ARE BEST; SOCKS ARE OKAY**
- **DO NOT ENTER IF YOU ARE UNWELL**

